## NORDIC SCHEDULE F3A N-25 (2024-2025)

## N-25.01 Pull-push-pull Humpty Bump with two 1/2 rolls K-3

From upright at center, start pull through a $1 / 4$ loop into a vertical upline, perform a $1 / 2$ roll, push through a half loop into a vertical downline, perform a $1 / 2$ roll, pull through a $1 / 4$ loop, exit upright.

## N-25.02 Trombone with roll and $\mathbf{1 / 2}$ roll K-3

From upright, pull through a $1 / 8$ loop into a $45^{\circ}$ upline, perform a roll, push through a $1 / 2$ loop into a $45^{\circ}$ downline, perform a $1 / 2$ roll, pull through a $1 / 8$ loop, exit upright.

## N-25.03 Triangle with two $1 / 2$ rolls K-3

From upright, pull through a $1 / 8$ loop into a $45^{\circ}$ upline, perform a $1 / 2$ roll, push through a $3 / 8$ loop, push through a $3 / 8$ loop into a $45^{\circ}$ downline, perform a $1 / 2$ roll, push through $1 / 8$ loop, exit upright.

## N-25.04 Reverse Shark Fin with $\mathbf{1 / 2}$ roll K-3

From upright, pull through a $1 / 8$ loop into a $45^{\circ}$ upline, perform a $1 / 2$ roll, pull through a $3 / 8$ loop into a vertical downline, pull through a $1 / 4$ loop, exit upright.

## N-25.05 Roll Combination with four 1/4 rolls K-4

From upright, perform consecutively four $1 / 4$ rolls, exit upright.

## N-25.06 Immelmann K-2

From upright pull through a 1/2 loop, perform a $1 / 2$ roll, exit upright.

## N-25.07 Square Loop on corner from top with $\mathbf{1 / 2}$ roll K-4

From upright, push through a $1 / 8$ loop into a $45^{\circ}$ downline, perform a $1 / 2$ roll, pull through a $1 / 4$ loop into a $45^{\circ}$ downline, pull through a $1 / 4$ loop into a $45^{\circ}$ upline, perform a $1 / 2$ roll, push through a $1 / 4$ loop into a $45^{\circ}$ upline, push through a $1 / 8$ loop, exit upright.

## P-27.08 Half Cuban 8 from top with $1 / 2$ roll K-2

From upright, push through a $1 / 8$ loop into a $45^{\circ}$ downline, pull through a $5 / 8$ loop, perform a $1 / 2$ roll, exit upright.

## N-25.09 Spin with three turns K-3

From upright, perform a spin with three turns, perform a vertical downline, pull through a $1 / 4$ loop, exit upright.

## N-25.10 Top Hat with $1 / 2$ roll. (Option: Top Hat with two $1 / 4$ roll) K-3

From upright, pull through a $1 / 4$ loop into a vertical upline, perform a $1 / 2$ roll, pull through a $1 / 4$ loop, pull through a $1 / 4$ loop into a vertical downline, pull through $1 / 4$ loop, exit upright.

Option: From upright, pull through a $1 / 4$ loop into a vertical upline, perform a $1 / 4$ roll, pull through a $1 / 4$ loop, pull through a $1 / 4$ loop into a vertical downline, perform a $1 / 4$ roll, pull through $1 / 4$ loop, exit upright.

## N-25.11 Roll Combination with $1 / 4$ roll, Knife Edge, $1 / 4$ roll K-4

From upright, perform a $1 / 4$ roll into knife edge flight, perform a $1 / 4$ roll, exit upright.

## N-25.12 Pull-pull-pull Humpty Bump with two 1/4 rolls K-3

From upright, pull through a $1 / 4$ loop into a vertical upline, perform consecutively two $1 / 4$ rolls, pull through a half loop into a vertical downline, pull through a $1 / 4$ loop, exit upright.

## N -25.13 Figure M with $\mathbf{1 / 4}$ rolls $\mathrm{K}-5$

From upright, pull through a $1 / 4$ loop into a vertical upline, perform a $1 / 4$ roll, perform a stall turn into a vertical downline, perform a $1 / 4$ roll, pull through a half loop into a vertical upline, perform a $1 / 4 \mathrm{roll}$, perform a stall turn into a vertical downline, perform a $1 / 4$ roll, pull through a $1 / 4$ loop, exit upright.

## N-25.14 Half square Loop on Corner with 1/2 rolls K-3

From upright, pull through a $1 / 8$ loop into a $45^{\circ}$ upline, perform a $1 / 2$ roll, push through a $1 / 4$ loop into a $45^{\circ}$ degree upline, perform a $1 / 2$ roll, pull through a $1 / 8$ loop, exit inverted.

## N-25.15 Double triangle with 1/2 roll K-4

From upright, fly past center, pull through a $1 / 4$ loop into a vertical downline, pull through a $3 / 8$ loop into a $45^{\circ}$ upline, perform a $1 / 2$ roll, pull through a $3 / 8$ loop into a vertical downline, pull through a quarter loop, exit upright.

## P-27.16 Reverse Figure ET with $1 / 2$ roll K-3

From upright, pull through $1 / 4$ loop into a vertical upline, pull through a $5 / 8$ loop into a $45^{\circ}$ downline, perform a $1 / 2$ roll, pull through a $3 / 8$ loop, exit upright.

## N-25.17 Loop with two half rolls, the second roll integrated K-4

From upright, perform $1 / 2$ roll, fly a short line inverted, push through a loop while performing an integrated $1 / 2$ roll in the third $90^{\circ}$, exit upright.

Nordic Schedule N-25



WIND DIRECTION
(6)

$\underbrace{}_{-1(12)}$


Page 3 of 3

