| $\#$ | Øvelse | K |
| :--- | :--- | :---: |
| F17.01 | Triangle with two $1 / 4$ rolls, two opposite rolls, two $1 / 4$ rolls | 4 |
| F17.02 | Turnaround-Avalanche with snap-roll | 3 |
| F17.03 | Roll Combination with $1 / 2$ roll, two opposite $11 / 4$ snap-rolls, $1 / 2$ roll | 5 |
| F17.04 | Half Square Loop with two $1 / 4$ rolls, two $1 / 4$ rolls opposite direction | 3 |
| F17.05 | Two Loops with rolls integrated, opposite roll direction | 5 |
| F17.06 | Half Square Loop with consecutive roll, $1 / 2$ roll opposite | 2 |
| F17.07 | Barrel-Roll | 4 |
| F17.08 | Knife-Edge Split S with $1 / 4$ roll, $3 / 4$ roll | 4 |
| F17.09 | Horizontal Double Immelmann Circle with $1 / 4$ roll, $1 / 2$ roll integrated, $11 / 2$ snap- <br> roll, $1 / 2$ roll integrated, $11 / 2$ snap-roll, $1 / 4$ roll | 6 |
| F17.10 | Figure 6 with stall turn, roll | 4 |
| F17.11 | Inverted Top Hat with $1 / 4$ roll, roll, $1 / 4$ roll | 6 |
| F17.12 | Figure 9 with consecutive $1 / 2$ roll, roll opposite direction | 3 |
| F17.13 | Big-M with two $1 / 4$ rolls, $1 / 2$ roll, $1 / 2$ roll integrated, $1 / 2$ roll, two $1 / 4$ rolls | 4 |
| F17.14 | Half Square Knife-Edge Loop on Corner with $1 / 4$ roll, $1 / 4$ roll | 4 |
| F17.15 | Figure $Z$ with snap-roll, consecutive $1 / 2$ roll, roll, $1 / 2$ roll, snap-roll | 5 |
| F17.16 | Clown Dance with $1 / 2$ roll integrated, spin 2 turns, $1 / 2$ roll | 4 |
| F17.17 | Knife-Edge Loop with consecutive eight $1 / 8$ rolls integrated | 4 |
|  | Total K | 70 |



